



- DINE-IN ▪
- TAKE-OUT ▪
- DELIVERY ▪

"Where coffee is a higher calling."

Business Hours

Monday to Friday
7:30 AM – 5:00 PM

BREAKFAST (served all day)

Create your own omelet or wrap (add .55)

Three (3) Eggs with Cheese 5.00

- Onion +.25
- Spinach +.25
- Tomato +.25
- Mushroom +.25
- Roasted bell peppers +.25
- Bacon +1.00
- Sausage +1.00
- Ham +1.00

Breakfast Special 4.99

Breakfast sandwich with small house brewed coffee
(Croissant/Bagel/English Muffin + Sausage/Ham/Bacon + Cheese)

Side Items

- (2) Bacon Strips **1.75**
- (1) Hash brown **1.00**
- (1) Sausage Patty **1.50**
- (2) Toast (White/Wheat) **1.25**
- Bagel (Plain/Everything) **1.50**
- Bagel w/ cream cheese **1.99**

FRESH SALADS

Higher Ground Salad - spring mix, blue cheese, dried cranberries, candied walnuts with balsamic vinaigrette **6.50**

Caesar Salad - romaine lettuce, shaved parmesan cheese, croutons with caesar dressing **5.00**

Chef Salad - romaine lettuce, shredded jack & cheddar cheese, turkey, ham, bacon, eggs, and tomatoes with ranch dressing **8.75**

Summer Salad - romaine lettuce, blueberries, grapes, apples, candied walnuts with raspberry vinaigrette **6.50**

ADD-ONS

- Chicken Breast** - grilled perfectly **3.50**
- Chicken Salad Scoop** - chicken breast, dried cranberries, celery, apple, grapes, dijon mustard & mayonnaise **3.50**
- Tuna Salad Scoop** - white tuna, mayonnaise, sweet relish & lemon zest **4.50**
- Egg Salad Scoop** - fresh eggs, mayonnaise, mustard, pickle relish and salt & pepper **3.50**

SOUP OF THE DAY

Please ask for today's soup

- Broccoli and Cheese **4.00**
- Chicken Noodle **4.00**
- Italian Wedding **4.00**
- Spring Vegetable **4.00**
- Chicken Tortilla **4.50**

Bosco Pizza **4.99** Pepperoni Stick **2.99**

HOT SANDWICHES

Cuban Sandwich - roasted pork, roasted ham, Swiss cheese, pickles, mustard aioli on French bread **8.00**

Grilled Ham & Cheese - white bread, roasted ham & American cheese **7.00**

Tuna Melt - multi-grain bread, tuna salad, Swiss cheese **7.00**

Chicken Quesadilla - fajita chicken, bacon, jack & cheddar cheese. Served with sour cream and salsa **9.00**

Higher Ground Club - turkey, ham, bacon, jack & cheddar cheese, mayonnaise. Serve with BBQ sauce on side **7.50**

Turkey Pesto Panini - turkey, roasted red peppers, Swiss cheese, pesto aioli on ciabatta bread **7.50**

YOGURT & FRUITS

Yogurt Parfait - Greek plain yogurt, strawberries, blueberries, pineapple, almonds & granola **3.25**

Granny Smith Apple 1.25

Banana 1.00

PASTRIES & SUCH

- Muffins - Assorted **1.50**
- Freshly Baked Cookie - Assorted **2.50**
- Danish **2.50**
- Biscotti - Assorted **1.50**
- Freshly Baked Chocolate Croissant **2.25**
- Freshly Baked Cinnamon Roll **2.75**
- Brownie **2.00**
- Chips - Assorted **1.50**
- Mac and Cheese **3.50**

WWW.HIGHERGROUNDCAFE.NET

Our meats and cheeses are premium products. Our fruits and vegetables are sustainable locally grown and pesticide, wax & preservative free. Our white albacore tuna is dolphin-free. No preservatives, dyes, or fillers. Only GMO-Free meats, dairy, and grains. On this you have our promise.

*Menu item availability varies. Prices subject to change.

SPECIALTY HOT BEVERAGES

Café Latte	3.29	4.29	4.79
Cappuccino	3.29	4.29	4.79
Espresso	Single 2.50	Double 3.00	
Chai Tea Latte	2.49	3.00	3.49
Caramel Macchiato	3.99	4.79	4.99
Vanilla Macchiato	3.99	4.79	4.99
Italian Mocha	3.99	4.79	4.99
Italian Black Mocha	3.99	4.79	4.99
Hot Chocolate	2.49	3.00	3.25
House Brewed Coffee	2.25	2.65	2.85
Hot Tea - Assorted	2.49	3.00	3.49
Cortadito	Single 2.50	Double 3.00	
Café Con Leche	2.79	3.79	4.29

SPECIALTY ICED BEVERAGES

Café Latte	3.29	4.29	4.79
Caramel Macchiato	3.99	4.79	4.99
Vanilla Macchiato	3.99	4.79	4.99
Italian Mocha	3.99	4.79	4.99
Italian Black Mocha	3.99	4.79	4.99
Strawberry Lemonade	2.25	2.75	3.25
Tropical Green Tea	2.25	2.75	3.25
Iced Coffee	2.05	2.50	2.95
Chai Tea Latte	2.49	3.00	3.49

FROZEN BEVERAGES

Frozen Cappuccino	4.25	4.75	5.25
Milk Shake <i>Vanilla, Chocolate, Strawberry, Banana</i>			5.50
Frozen Hot Chocolate	3.99	4.79	4.99
Frosted Lemonade	2.50	3.00	3.49

Additional flavors and sugar-free flavors are available (+.50)

SMOOTHIES 5.95

Strawberry Banana

Strawberry, Banana, Apple Juice

Tropical Sensation

*Pineapple, Mango, Banana,
Pineapple & Orange Juice*

Island Berry Blast

*Strawberry, Blueberry,
Raspberry, Banana, Pineapple & OJ*

Green Health

Kale, Apple, Banana, Pineapple Juice

Add-Ons

Raw Protein	+1.00
Whey Protein	+1.00
E3Live	+2.00
Chia/Flax seed	+1.25
Spirulina	+1.25

Substitutions

Almond, Soy, Coconut milk +1.00

ALCOHOLIC BEVERAGES

Pricing and availability subject to change

- Domestic Beer ▪ Imported Beer ▪
- House Wine (Chardonnay, Merlot, Cabernet Sauvignon) ▪
- Premium Wine ▪
- Frozen Margarita ▪ Frozen Piña Colada ▪

